



ARIVU
Empower • Innovate • Perform

Creating a Coaching & Mentoring Culture (1-day)

This workshop is suitable for leaders and coaches working within organisations that want to create the right coaching and mentoring culture.

It is for leaders and managers with coaching experience looking to:

- Develop their coaching skills further
- Apply emotional intelligence tools
- Understand the power of values

Coaches wishing to:

- Learn leadership coaching techniques
- Build their coaching experience
- Add depth to core coaching skills

What will it cover?

Working as a Leadership Coach in formal and informal situations

- Discover and explore values
- Deepen your understanding of the principles of leadership coaching

Growing Emotional Intelligence

- Coaching to raise awareness of emotions, build emotional capacity and grow emotional capability in ourselves and others
- Deepen your listening skills

On-going Personal Development

- Four hours of one-to-one telephone or Skype coaching with a Master Coach
- An opportunity to discuss practical skills application
- Mentor Coaching: A mentor coach observes you coaching a fellow student and gives in-depth feedback
- Peer Coaching

What others have said about these courses:

“A very practical and strategic way of creating a coaching and mentoring culture within your organisation as well as the opportunity to have one-to-one coaching sessions with a true Master Coach. Excellent in every way!”

- Archie Bakhda, GE

www.arivu.co.uk

**Innovative & Impactful Coaching & Consulting Services
To Transform Your Business**

To find out more about this course or to enquire about prices, training dates and locations, please contact us on **0871 237 6767** or email us at info@arivu.co.uk

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