



ARIVU
Empower • Innovate • Perform

Coaching Mastery (1-day)

Extensive research reveals that those organisations that use coaching and mentoring as tools to drive development and change show increased employee performance, motivation and productivity. To succeed, however, the coaching and mentoring initiative has to be well supported by the underlying organisational culture.

Businesses that create a 'coaching culture' demonstrate that they value their people – and their people's development within the organisation. Many also do not understand the difference between coaching and mentoring.

With first-class tuition from an expert facilitator and an accredited, qualified executive coach, this short course will provide you with the skills and knowledge to cultivate and promote an environment that delivers increased business performance – and the edge you need to stay ahead of your competition.

By the end of this course you will be able to:

- Understand how coaching and mentoring works and when it is appropriate to use
- Create a culture that supports coaching and mentoring - including top down buy-in
- Gain key strategies and techniques in formulating and communicating clear and constructive feedback
- Use reliable models to plan and carry out coaching
- Learn how to cultivate and promote an environment that delivers increased motivation and performance

What will it cover?

Coaching, Mentoring & Delegating – what do they all mean?

- Understand the fundamental differences between coaching, mentoring and delegating
- Formal versus informal coaching

Establishing a behaviour-based coaching approach

- Connecting coaching with organisational values
- Removing and changing inhibitive behaviours
- Actively promoting behaviours that support the desired culture

Creating a coaching methodology

www.arivu.co.uk

**Innovative & Impactful Coaching & Consulting Services
To Transform Your Business**



ARIVU

Empower • Innovate • Perform

- Demonstrating clear learning outcomes
- Using the GROW model extremely effectively to coach individuals
- Agreeing success criteria and a feedback process
- Developing evaluation strategies to measure desired outcomes
- How to embed coaching processes and behaviours
- Practicing the GROW model on fellow delegates – your opportunity to be coached and to be the ‘coachee’.
- Giving feedback from the coaching

Pre-course requirements:

It would be beneficial for each delegate that will be attending the workshop to come with their own personal and business scenarios, issues and ideas for the coaching practice sessions to be coached upon. Other additional case study scenarios will also be given on the course for one-to-one practice sessions.

What others have said about these courses:

“In order to be a Master coach, then you need to study and work with a true Master to become the best. You won’t be disappointed with this Master. He has a knack of allowing you to discover your weak points and how to strengthen them”. - Jenny Christiansen, Norway

To find out more about this course or to enquire about prices, training dates and locations, please contact us on **0871 237 6767 or email us at info@arivu.co.uk**

www.arivu.co.uk

**Innovative & Impactful Coaching & Consulting Services
To Transform Your Business**